

Grapefruit Seed Extract

Promotes Gastrointestinal and Immune Health*

Grapefruit Seed Extract Supplementation

NutriDyn's Grapefruit Seed Extract is a potent nutritional supplement containing evidence-based and bioavailable ingredients to support healthy immune function and a healthy gastrointestinal tract.* The formula is made from a powerful 10:1 extract for extra potency and optimal health benefits.*

The bioflavonoids in NutriDyn's Grapefruit Seed Extract are packed with health-promoting benefits backed by clinical evidence demonstrating their potent antioxidant properties.* Supplementation with Grapefruit Seed Extract may include these benefits:

- Support for healthy immune function*
- Promotes a healthy gastrointestinal tract*
- Support for cardiovascular health*
- Promotes healthy antioxidant capacity*
- Promotes healthy endothelial function*
- Support for a healthy gut microbiome*
- Promotes healthy skin*
- Supports healthy inflammatory markers*

How Grapefruit Seed Extract Works

Grapefruit seed extract is a widely researched extract derived from *Citrus paradisi*, a bitter citrus. Grapefruit seed extract has been demonstrated in clinical research to support healthy immune function and a healthy gastrointestinal tract by providing potent antioxidants and a unique profile of bioflavonoids, notably hesperidin, naringin, and naringenin.*^{1,2}

Hesperidin has been studied for its effect on balancing and nourishing the gastrointestinal tract and microbiome in humans.*^{3,4} It is known to have antioxidant properties and promote healthy inflammatory markers.*^{5,6} Hesperidin has been widely studied for its support of healthy endothelial function and its ability to support healthy blood pressure levels already in the normal range.*^{7,8}



How Grapefruit Seed Extract Works Continued

The bioflavonoid naringin is found in high concentrations in grapefruit seed extract. Naringin has been shown to support cardiovascular health, bone health, cognitive function, and healthy metabolism.^{♦9,10,11} It also has powerful antioxidant properties to support immune health and promotes healthy inflammatory markers.^{♦12,13}

Naringenin's main function in the body is as an antioxidant, whereby it helps to promote healthy oxidative stress responses by stopping free radical reactions.^{♦14} This process includes the molecules superoxide dismutase, catalase, and glutathione peroxidase, which gives naringenin its powerful health benefits.^{♦15,16}

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per Serving	%DV*
Vitamin C (as ascorbyl palmitate)	10 mg	11%
Grapefruit 10:1 Extract (seed; <i>Citrus paradisi</i>)	250 mg	**

Other Ingredients: Hypromellose, microcrystalline cellulose.

Directions: Take one capsule with food up to four times daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com